



## 2018 European Empowerment Seminar

### Peer practice at all levels

Join us at Enik Recovery College (Utrecht, Netherlands) on 11-12 December 2018

I am pleased to announce that Mental Health Europe is organising a European Empowerment Seminar for 2018. The Peer practice at all levels event will take place at [Enik Recovery College \(Utrecht, Netherlands\)](#) on the 11-12 December.

The inclusion of peers (ex-users and users of mental health services, and their relatives) in support is increasingly being recognised as a crucial part of the shift towards recovery-focused mental health services. But the implementation of peer support is not without challenges - how can we integrate peer support into our society and mental health services? What knowledge do we need to gain?

In this seminar we will discuss different experiences of creating peer practices and explore how to promote and implement peer support and peer influence. A full programme will follow soon.

Mental Health Europe will be covering costs for attendance of this seminar (travel, accommodation and subsistence) for a limited number of our members.

If you would like to attend, please email [info@mhe-sme.org](mailto:info@mhe-sme.org) before 14 November. Please note that the seminar is for persons with lived experience of using mental health services.

Since we only have a limited budget for this event, we may not be able to accept all applications. We will try to ensure a geographic balance and will give priority to representatives from organisations who are user-lead. Selected participants will be informed by 20 November.

We look forward to welcoming you at Enik RC in Utrecht, the Netherlands.

Join us at the 2018 Empowerment Seminar in the Netherlands

Kind regards,

Claudia

Director, MHE



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